

E.V.S

STD II

ASSIGNMENT

CH-01 ABOUT ME (DO IN YOUR E.V.S COPY)

- Answer the following questions.

Q1. What is posture?

Ans : Posture is the way we sit, stand or walk.

Q2. How can you take care of your sense organs and other parts ? Write five points.

Ans: We can take care of our sense organs and other parts in the following ways:

- Eat clean and healthy food.
- Avoid listening to loud music.
- Read under a bright light.
- Do not put anything into your nose.
- Wash your hands before and after meals.

3. Fill in the blanks:

- The things I like to do in my free time is called a
- The body parts which we can see are organs.
- I must keep my body clean to stay and
- I must take good Of my body.
- My body is made up of many parts which are called

ANSWER:

- hobby.
- external
- fit and healthy
- care
- organs

- **PROJECT WORK (do in your E.V.S copy)**

Draw five external organs and internal organs and name them. (use pencil color).